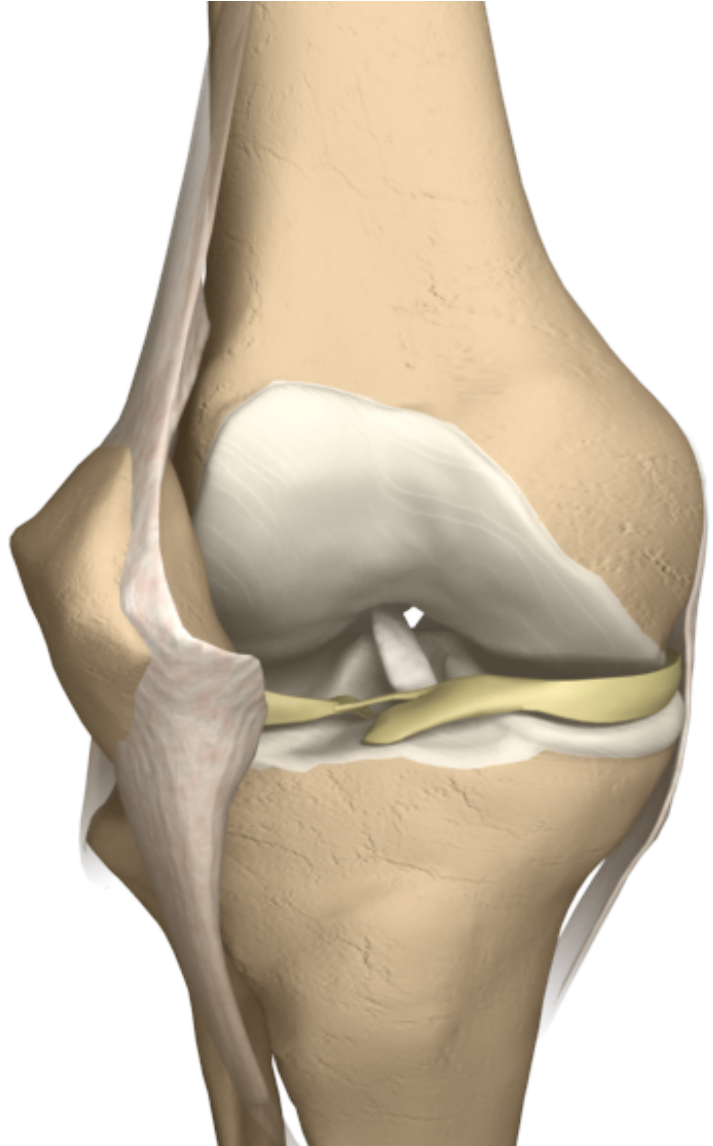


# Meniscus Problems - Torn Meniscus Trimming

A healthy meniscus acts as a shock absorber and provides a smooth surface for your knee to glide on. A meniscal tear prevents your knee from rotating causing pain and locking.





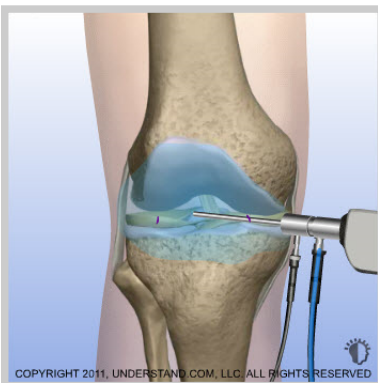
### ***Torn Meniscus Trimming Introduction***

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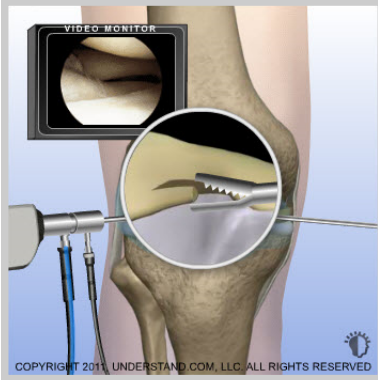
### ***Incisions***

Small incisions (portals) are made around the joint. The scope and surgical instruments will go into these incisions.



### ***Visualization***

The scope is inserted into the knee. Saline solution flows through a tube (cannula) and into the knee to expand the joint and to improve visualization. The image is sent to a video monitor where the surgeon can see inside the joint.



### ***Trimming***

A surgical instrument is inserted into the knee and used to trim the torn piece of meniscus.



### ***End of Procedure***

After the trimming is finished, the surgical instruments are removed and the procedure is completed.